

G.H.P van der Helm

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Current affiliation:

-Leiden University of Applied Sciences, dept. of Social Work & Applied Psychology

-Amsterdam University, dept. of Forensic Child and Youthcare (researcher)

-Schakenbosch, secure residential youthcare, (researcher)

Education:

2007-2011: PhD study Amsterdam Free University. Title: 'First do no Harm, Living group climate in secure juvenile correctional institutions'

2003: Ma Psychology at Amsterdam University (Industrial and Organizational Psychology and Developmental Psychology).

2001: Ba Psychology Amsterdam University

1997: Vocational training as Social Worker, bureau Langhenkel

1987-1989: Vocational training Mountaineering Guide & Ski Instructor Switzerland

1976-1982: Ma Medicine at Amsterdam University

1970-1976: High school Haarlem

Experience

2012: associate lector, Leiden University of Applied Sciences, dept. of Social Work & Applied Psychology and researcher/instructor at Amsterdam University, dept. of Forensic Child and Youthcare, researcher at Schakenbosch, secure residential youthcare.

2007-2012, research director, Leiden University of Applied Sciences, dept. of Social Work & Applied Psychology and researcher/instructor at Amsterdam University, dept. of Forensic Child and Youthcare.

2004- now: senior instructor BA Social Work & Applied Psychology/MA Youthcare/MA Advanced Nursing Practitioner/ research methods.

2004-2007: Quality Officer Leiden University of Applied Sciences

2000-2004: Senior Researcher & Advisor SGB0 (research bureau of Dutch Municipalities VNG), Secretary of the Dutch Association for Statistics and Research.  
1998-2000: Social Work quality officer Amstelveen Municipality & secretary of the Town Council.  
1995-1998: Sport Advisor Dutch Mountaineering Association (KNAV)  
1988-1995: Mountaineering instructor & Ski teacher Switzerland/France

#### Grants:

2011: Raak Publiek: what works in juvenile corrections? (€ 350.000)  
2012: Jeugdzorg Nederland: research into sexual abuse in residential youthcare (€ 30.00)  
    Hoenderloo/Pluryn: living group climate and work climate (€ 5000)  
    Oostvaarders: living group climate and work climate (€ 5000)  
2013: Dutch Ministry of VWS: research into difficult adolescents in secure residential care (€ 25.000)

#### Publicaties en bijdragen P. van der Helm:

##### Nationaal:

Helm, G.H.P. van der (2000). Benchmarkresultaten: kwaliteitsverbetering door schaalvergroting? *Sociaal Bestek*, 12, 11-15

Helm, G.H.P. van der (2001). Burnout onder bijstandsconsulenten. *Sociaal Bestek* 3, 45-53.

Helm, G.H.P. van der (2001): Cultuurverandering binnen overheidsorganisaties. *Sociaal Bestek*, 5, 10.-15

Helm, G.H.P. van der (2002). De sociale dienst als lerende organisatie. *Sociaal Bestek*, 11, 41-46.

Helm, G.H.P., van der (2009). Samenwerken in Ketenzorg. In: Rosendal, H, Ahhaus, K, Huijsman, R. & Raad, K.. *Ketenzorg*. Maarssen, Elsevier Gezondheidszorg.

Morisson, V. & Benett, P. bewerkt door v.d. Helm, G.H.P. & Juffermans, L. (2010): *Gezondheidspsychologie*. Amsterdam: Pearson.

- Helm**, G.H.P van der; Muijters, S.; Rijt van de .K., Rooijen, S, van & Strik, M. (2007) Zelfhulp helpt! (Self-Help works!). *Rehabilitatie*, no 1.
- Jongepier,N., Struijk, M. & van der **Helm**, G.H.P. (2010). Zes uitgangspunten voor een goed pedagogisch klimaat (Six factors that contribute to a living climate). *Jeugd en co*, 9, 1.
- Helm**, G.H.P van der ; Donker, A.G.M. (2009). Onderzoek naar Leidse veelplegers, meer samenwerking tussen professionals vereist (Violent and criminal youth in Leiden: professionals should work together). *Sozio* 88-6.
- Helm**, van der G.H.P.; Nieuwenhuizen, van, M., Wegter, H. (2010). Behandeling van jongeren met een licht verstandelijke handicap in een JJI (Adolescents suffering from a mild intellectual disability in youth prison). Amsterdam: *Sozio* 95, 6-11.
- Helm**, G.H.P. (2011). Voorzichtig met het label psychopathie bij adolescenten. *Kind & adolescent review*, 4, 436-439.
- Helm**, , G.H.P van der & Austmann, B. (2012). Meester en hulpverlener. De rol van de docent in de gesloten jeugdzorg. *Sozio* 3.
- Helm**, , G.H.P van der, Nijhof, K., Harder, A.T, van Dam, C. Stams, G.J.J.M & Knorth, E. (2012). De hardnekkige mythe dat niks werkt in de gesloten jeugdzorg. *Tijdschrift voor Orthopedagogiek Onderzoek en Praktijk*, 11, 470-480.
- Helm**, G.H.P. van der & Zaat, M. (2012). Hoe ervaren jongeren in de jeugdzorg opsluiting? In: C.Forder; W. Duist & A. Wolthuis (2012). *Kindvriendelijke opsluiting. Gesloten plaatsing van jeugdigen in het licht van mensenrechten*. Leiden: NJCM.
- Hofte, S., van der Helm, G.H.P, & Stams, G.J.J.M. (2012). Het internationaal recht en knelpunten in de uitvoering van de gesloten jeugdzorg: adviezen voor de praktijk. *Justitiele Verkenningen*, 6, 84-100.

Boeken:

Helm, G.H.P & Hanrath, J. (eds 2012). *Wat werkt in de gesloten jeugdzorg*. Amsterdam: SWP.

Slotboom, A., Ezinga, M., Hoeve, M. & **van der Helm**, G.H.P. (red. 2012). *Vrouwen- en meisjescriminaliteit*. Den Haag: Boom.

Helm, G.H.P, Schaftenaar, P. , van Vliet, J. & Kroger, U. (red. 2013 in press). *Gesloten Forensische en psychiatrische behandeling*. Amsterdam: SWP.

#### Publicaties Internationaal:

Helm, G.H.P. van der & Stopper, D. (2002). Von Makrelen und Menschen: Menschliches (Fehl)verhalten. DAV Panorama, 1, 51-52.

Helm, G.H.P. van der, Klapwijk, M., Stams, G.J.J.M., & Van der Laan, P.H. (2009). 'What Works' for juvenile prisoners: The role of group climate in a youth prison. *Journal of Children's Services*, 4, 36-48.

Helm, G.H.P. van der, Stams, G.J.J.M., & Van der Laan, P.H. (2011). Measuring Group Climate in a Forensic setting. *The Prison Journal*. 91, 158-177.

Helm, G.H.P. van der, Boekee, I. Stams, G.J.J.M., & Van der Laan, P.H. (2011). Fear is the key. Keeping the delicate balance between flexibility and control in a Dutch youth prison. *Journal of Children's Services*, 4, 248-263.

Helm, G.H.P. van der. (2011). *First do no harm*. Dissertation Vrije Universiteit Amsterdam. Amsterdam: SWP

G. H. P. van der Helm, G. J. J. M. Stams, J. C. van der Stel, M. A. M. van Langen and P. H. van der Laan (2012). Group Climate and Empathy in a Sample of Incarcerated Boys. *International Journal of Offender Therapy and Comparative Criminology*, 56 Issue 8, 1149 - 1160.

Helm, G.H.P, van der, Van Genabeek, M., Stams, G.J.J.M, & Laan, van der, P.H. (2011). Violence in youth prison: the role of group climate and personality. *Journal of Forensic Psychiatry & Psychology*, 1, 23-40.

Van der Helm, G.H.P, Wissink, I., Stams, G.J.J.M, & De Jong, T. (2011). Measuring

treatment motivation in a forensic setting. *The International Journal of offender therapy and comparative criminology*. May 23, 2012 DOI 0306624X12443798

De Swart, J., Van den Broek, H., Stams, G. J. J. M., Asscher, J. J., Van der Laan, P. H., Holbrink, G., & Van der Helm, G. H. P. (2011). The effectiveness of institutional youth care. *Children and Youth Services Review*. DOI: [doi.org/10.1016/j.chidyouth.2012.05.015](https://doi.org/10.1016/j.chidyouth.2012.05.015)

Helm, G.H.P, Moonen, X., Stams, G.J.J.M, Giesen, N.; vd Heide, E.S.& Matthys, W. (2011). Measuring inappropriate responses of adolescents to problematic social situations in secure institutional and correctional youth care: A validation study of the TOPS-A. *Journal of Interpersonal Violence*. DOI: 10.1177/0886260512468322

Groeneweg, M., van der Helm & Stams, G.J.J.M. (2011). When I don't get what I want, I take it because its mine. I-D compensation and Incarcerated adolescents in a delayed-return society: new evidence for Martin's theory. *Psychiatry, Psychology and Law*. DOI:10.1080/13218719.2012.730902.

Van der Helm, G.H.P. & Stams, G.J.J. M. (2012). Conflict and Coping by Clients and Group Workers in Secure Residential Facilities. In: Oei, K & Groenhuizen, M. *Progression in Forensic Psychiatry: About Boundaries*. Amsterdam: Kluwer

In voorbereiding/ in preparation/submitted:

Van der Helm, G.H.P. & Stams, G.J.J.M (2011). Social problem situations and empathy in secure institutional and correctional youthcare. (Manuscript submitted for publication).

Van der Helm, G.H.P. & Stams, G.J.J.M (2011). Social problem situations, anger and sexual callousness in adolescents with behavioural problems. (Manuscript submitted for publication).

Van der Helm, G.H.P., Stams, G.J.J.M & Eltink, E. (2012). Group living climate, social problem situations and treatment motivation in incarcerated adolescents. (Manuscript in preparation).

Van Scheppingen, L., van der Helm, G.H.P. & Stams, G.J.J.M. (2013). Treatment motivation and support in youth correctional facilities: evidence for transactional processes. Manuscript in preparation.

Van der Helm, G.H.P., Van Tol, N. Van Scheppingen, L & Stams, G.J.J.M. (2012). Measuring Team functioning in secure residential care. Manuscript in preparation.

De Swart, J.J.W., Stams, G.J.J.M., Van der Helm, G.H.P., Wissink, I., Van der Laan, P.H, & Holsbrink – Engels G.A. Personality traits and competencies for residential youth care workers. A narrative literature review. Manuscript in preparation

Ros, N., van der Helm, G.H.P., Wissink, I., Schaftenaar, P., Stams, G.J.J.M., (2012). Institutional climate and aggression in a secure psychiatric setting. Manuscript submitted for publication.

Ros, N., van der Helm, G.H.P., Schaftenaar, P., Stams, G.J.J.M., (2013). Slip- sliding away, managing the fragile institutional climate in a secure setting. Manuscript in preparation.

Souverein, F., Stams, G.J.J.M, Van der Helm, G.H.P. (2013). The enduring myth of ‘nothing works’ in secure residential and correctional youth care. Manuscript in preparation.

E.J.E. Heynen, G.H.P. van der Helm, G.J.J.M Stams, A.M. Korebrits (2013 in press). Measuring group climate in German youth Prison - A German validation of the ‘Prison Group Climate Instrument’ (PGCI).

Strijbosch, E, van der Helm & Stams, G.J.J.M. (2012). Measuring group climate in residential youthcare.

Strijbosch, E, van der Helm & Stams, G.J.J.M. (2012). Measuring group climate in very young children in residential youthcare.

Strijbosch, E, van der Helm & Stams, G.J.J.M. (2012). Group climate and therapeutic alliance in residential youthcare.

Helm, G.H.P., van der & Stams, G.J.J.M (2013). Group climate and aggression in residential youthcare a longitudinal study. In preparation.

Drenth, J., van der Helm, G.H.P., & Stams, G.J.J.M (2013). Living group climate in a secure forensic psychiatric institution. In preparation.

Dekker, A., van der Helm, G.H.P., van der & Stams, G.J.J.M (2013). Work climate in secure residential youthcare: a validation study. In preparation.

Helm, G.H.P., van der & Stams, G.J.J.M (2013). Group climate and coping in residential youthcare a longitudinal study. In preparation.

Miert, van, V., Helm, G.H.P., van der & Stams, G.J.J.M (2013). Motivation among group workers in secure residential youthcare. In preparation.

Helm, G.H.P., van der & Stams, G.J.J.M (2013). Group climate and criminal cognitions in residential youthcare a longitudinal study. In preparation.

Helm, G.H.P., van der & Stams, G.J.J.M (2013). Group climate and locus of control in residential youthcare a longitudinal study. In preparation.

Internationale presentaties:

**Helm, van der, G.H.P.** (2012): Living group climate in youth prison. EFCAP EU conference March 2012.

**Helm, van der, G.H.P.** (2011). New direction on what works in juvenile prison. ASC conference, Washington, November 2011.

**Helm, van der, G.H.P.** (2009). Perspectives on desistance in a medium sized Dutch Town. Presentation at Efcap , Amsterdam, October 2008.

**Helm, van der, G.H.P.** (2009). What Works for Juvenile Prisoners: Developing and Validating a Group Climate Questionnaire. Presentation at ASC Philadelphia, November 2009.

**Helm, van der, G.H.P.** (2009). Transactions in Youth Prison. Presentation at Eusarf , Groningen September 2009.

Recente nationale presentaties:

Van der Helm, G.H.P: leefklimaat in JJI's. Congres DJI Neyerode, 20-1-2011

Van der Helm, G.H.P & de Jongh, T. Behandelmotivatie in JJI's. Forca congres Woudenberg, 17-2-2011.

Van der Helm, G.H.P. Gesloten behandeling van jongeren met een licht verstandelijke beperking. LVG-congres Deventer, 20-8-2011

Van der Helm, G.H.P. Sociale informatieverwerking, LVB en leefklimaat in gesloten residentiele instelling: VOBC-congres LVG, 15-11-2011.

Van der Helm, G.H.P. Leefklimaat in de gesloten jeugdzorg. Rentray congres 19 januari 2012.

Van der Helm, G.H.P. & Jetten, E. Zinvolledagbesteding in een JJI. Nationaal congres Raad voor de Strafrechttoepassing en Jeugdrecht. 29 april 2012.

Van der Helm, G.H.P. First do no Harm: Iatrogene effecten van gesloten behandeling van jongeren. Voorjaarscongres Nederlandse vereniging voor Psychiatrie. ,3 april 2012

Van der Helm, G.H.P. Leefklimaat in gesloten zorg voor adolescenten.

Voorjaarscongres Nederlandse vereniging voor Psychiatrie, 5 april 2012